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Times

The Official News Letter of Indian Orthodontic Society



Team IOS TIMES wishes you a very Happy Navratri

Reach us @ editoriostimes@iosweb.net



President's Message

My Dear Friends in the IOS fraternity,
Festive Greetings!

The month of October holds special significance in the calendar of the Indian Orthodontic Society, as our organization celebrates its Foundation Day on 5th October. Our organization was officially formed on 5th October 1965 by our founder members, so that the general public recognizes us as specialists. It started as a group of orthodontists joining hands to form a study group and then shaping it into the first specialty organization in the field of dentistry.

We celebrate this foundation day as the "National Orthodontist Day" and the week as the "National Orthodontic Week" with an array of public awareness activities every year. Life Members, Student Life Members, Orthodontic Study Groups, Private Clinics, and Orthodontic Departments of Dental colleges across the country conduct innovative events to popularize and publicize our specialty of "Orthodontics and Dentofacial Orthopaedics" among the general public. This year, the IOS head office will be giving awards for the Best Patient Smile Story competition, Best Decorated Orthodontic Department, Best Patient Smile Transformation, and the Most Impactful Public Awareness Activities. We have received a huge response for the same.

I believe that awareness activities about our specialty should not be restricted to just one particular day or week, as this is an ongoing activity that should be taken up by every member as a personal responsibility. We should aim to make people relate to "Orthodontist" for every dental irregularity and dentofacial abnormality. This should be combined with the goal of "Orthodontics by Orthodontists only" and "Orthodontic Treatment in Clinical Set up only." So, let's make a commitment to ourselves to undertake this activity with passion.

Other activities this month included our first online webinar in the form of "Friday Rendezvous," keeping up with the slogan "Learning never stops at IOS." We had Dr. Jean-Marc Dersot, a renowned periodontist, discussing periaplastic surgeries in orthodontic patients. We invited the office bearers of the Indian Society of Periodontology as panelists and motivated their general members to attend this webinar to start a new chapter in having friendly ties with other specialty organizations. We hope to have similar relations with other specialty organizations as well.

The "1st Practice Management and Ethical Marketing Symposium" of this year, aimed at making our members aware of the "Business of Orthodontics," was conducted excellently by the Hyderabad Orthodontic Study Group. Besides being excellent clinicians, we need to be dynamic entrepreneurs as well. I am looking forward to these types of programs being conducted on a regular basis. We are also starting a series of articles on Practice Management in our IOS Times as a monthly activity.

We, at the Head Office, look forward to similar enthusiasm from our membership in conducting and participating in IOS calendar events and IOS-endorsed events.

As the festival of lights is approaching, I wish all the members of IOS and their families a "Very Happy Diwali and Prosperous New Year." May the festival of lights make your life bright and colorful!

Jai Hind! Jai IOS!!

Warm regards

Dr. Jayesh S. Rahalkar

President, Indian Orthodontic Society



Secretary's Message

Dear Members,

As the temperature drops and the days grow short, it's a good time to take away our winter blues by reading another article scoring issue of IOs times.

The month of October saw nationwide celebration of National Orthodontic day throughout various colleges and clinics in the country. It was so heartening to see amazing participation by our community in creating and pushing awareness of our speciality through the masses. The idea of a unified front is one of the most powerful tools we have which will help us weather the challenges we face in the coming times. We need your continued support in this endeavour to uphold and strengthen our speciality and community standards.

Wishing you all a Happy and Prosperous Diwali!

Regards

Dr Sanjay Labh

Hon Secretary

Indian Orthodontic Society



Editor's Message

Dear Valued Members,

As the leaves begin to fall and the air turns crisper, we welcome you to the October edition of the IOS Times. This month, we've gathered a cornucopia of knowledge and inspiration to celebrate our profession and prepare you for the month ahead. As November approaches, let us continue our journey in orthodontics with renewed vigor and dedication.

In the Spotlight was Orthodontist day ie.5th October followed by Orthodontic week from 5th October to 12th October .October is Orthodontic awareness month, a time to recognize the incredible impact that orthodontists and orthodontic professionals have on the lives of their patients. It's a chance to spread awareness about the importance of a healthy, confident smile.

In our ongoing commitment to creating awareness about orthodontics, we all were thrilled to participate in Orthodontic Week Celebration! This special week is dedicated to our patients, their journeys, and the transformative power of orthodontic treatment. It's a time for our community to come together, educate, and inspire both current and potential patients.

Our field is constantly evolving, and staying up-to-date with the latest trends, techniques, and technologies is essential. We always come with programs which provide insights into emerging orthodontic advancements and opportunities for professional development, ensuring that we continue to provide the best care to our patients.

We delve into the importance of fostering a positive and welcoming approach in learning new things . As this year comes to a close, we are excited to welcome November with a renewed sense of purpose. The journey of an orthodontist is not only about straightening teeth; it's about changing lives and building confidence. Let's approach the month ahead with a commitment to excellence, empathy, and a deep appreciation for the impact we have on our patients' lives.

In the coming month, we encourage you to reflect on your achievements and embrace new challenges with enthusiasm. We will continue to explore the world of orthodontics with the same zeal as we started in the beginning of the year.

Thank you for your dedication to the orthodontic profession. Together, we make a difference one smile at a time.

Wishing you a successful and inspiring November ahead.

Warm regards,

Regards

Dr Santosh Ramegowda

Editor , IOS Times

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“Rational Ethical Clinical Excellence!!” 2023-‘24



Calendar of Events from September 2023 to September 2024



S. No	Event	Date	Day	Venue / Place	Contact Person	Phone. No	Email id
1.	1 st EC Meeting	17 th September 2023	Sunday	Meerut	Dr. Pradeep Raghav Dr. Vaibhav Mishra	9837175914 9897146669	drpradeepaghav@gmail.com vaibhavmisra@gmail.com
2.	National Orthodontic Week	5 th to 12 th October 2023	One week	All over India			
3.	National Orthodontist Day	5 th October 2023	Thursday	Virtual	Dr. Sanjay Labh	9313483570	sanjaylabh@gmail.com
4.	IOS Friday Rendezvous	20 th October 2023	Friday	Virtual	Academic Council Dr. Ajay Kubavat	9824122642	kubavatajay@gmail.com
5.	Practice Management & Ethical Marketing	28 th , 29 th October 2023	Saturday, Sunday	Hyderabad	Dr. Shubhaker Juvvadi	9949095427	shubhaker@gmail.com
6.	1 st North East Orthodontic Symposium	5 th November 2023	Sunday	Guwahati	Dr. Mitali Bora	9864032051	mitalibora65@gmail.com
7.	Aligner Master Class	17 th November 2023	Friday	Virtual	Academic Council Dr. Sonahita Agarwal	8948254744	drsonahita@gmail.com
8.	Functional Appliance Workshop	23 rd , 24 th November 2023	Thursday, Friday	Lucknow	Dr. Jitendra Bhagchandani	9893289804	jitendrabhagchandani@rocke tmail.com
9.	1 st J&K Orthodontic Symposium	25 th , 26 th November 2023	Saturday, Sunday	Jammu	Dr. Akshay Gupta	9419191628	akshayshivalli@gmail.com
10.	2 nd EC Meeting	3 rd December 2023	Sunday	Virtual	Dr. Sanjay Labh	9313483570	sanjaylabh@gmail.com
11.	JIOS Chronicles Webinar	8 th December 2023	Friday	Virtual	JIOS Committee Academic Council	9840237177	theorthodontist@gmail.com
12.	IBO Awareness Program	11 th December 2023	Monday	Trivandrum	Directors of Indian Board of Orthodontics Dr. Mala Ram Manohar	9895105683	ibosecretary@iosweb.net
13.	Interdisciplinary Symposium	15 th , 16 th December 2023	Friday, Saturday	Bengaluru	Dr. O.P.Karbanda Dr. Silju Mathew	9899062144 9886500333	dr.opk15@gmail.com drsmathew@gmail.com
14.	“Pragya” PG Orientation Program	27 th , 28 th December 2023	Wednesday , Thursday	Amritsar	Dr. Sukhdeep Singh Kahlon	9888897473	singhkahlon@yahoo.com
15.	Orthodontic Symposium	6 th , 7 th January 2024	Saturday, Sunday	Modinagar	Dr. Vaibhav Mishra	9897146669	vaibhavmisra@gmail.com
16.	IBO Awareness Program	7 th January 2024	Sunday	Chandigarh	Directors of Indian Board of Orthodontics Dr. Mala Ram Manohar	9895105683	ibosecretary@iosweb.net
17.	IOS Golf Tournament	8 th , 9 th January 2024	Monday, Tuesday	Coorg	Dr. Gautham Reddy	9900620536	drgouthamreddy2000@gmail .com
18.	“Pragya” PG Orientation Program	12 th and 13 th January 2024	Friday, Saturday	Indore	Dr. Ashish Garg	9826340056	drgargs_1@yahoo.com
19.	IOS Friday Rendezvous	19 th January 2024	Friday	Virtual	Academic Council Dr. Jitendra Bhagchandani	9839289804	jitendrabhagchandani@rocke tmail.com
20.	Practice Management & Ethical Marketing Symposium	20 th , 21 st January 2024	Saturday, Sunday	Ahmedabad	Dr. Ajay Kubavat	9824122642	kubavatajay@gmail.com
21.	Republic Day Celebration	26 th January 2024	Friday	Virtual	Dr. Sanjay Labh	9313483570	sanjaylabh@gmail.com

22.	IBO Phase II (Written Examination)	28 th January 2024	Sunday	Virtual	Dr. Rajaganesh Gautam Dr. Mala Ram Manohar	9890389945 9895105683	ibosecretary@iosweb.net
23.	IOS PG convention	8 th to 11 th February 2024	Thursday to Sunday	Mumbai	Dr. Shaillesh Shenava	9820211581	drsailshes@yahoo.co.in
24.	3 rd EC Meeting	11 th February 2024	Sunday	Mumbai	Dr. Shaillesh Shenava	9820211581	drsailshes@yahoo.co.in
25.	Aligner Master Class	16 th February 2024	Friday	Virtual	Academic Council Dr. Ajay Kubavat	98241	kubavatajay@gmail.com
26.	Digital Orthodontics Symposium	29 th February, 1 st March 2024	Thursday, Friday	Kolhapur	Dr. Amir Shaikh	9422613939	amirshaikhortho@gmail.com
27.	Orthodontic Premier League	8 th , 9 th March 2024	Friday, Saturday	Dharwad	Dr. Roopak Naik	9449028869	roopakorthod@gmail.com
28.	JIOS Chronicles Webinar	15 th March 2024	Friday	Virtual	JIOS Committee Academic Council	9840237177	theorthodontist@gmail.com
29.	Third Invisible Orthodontic Symposium	16 th , 17 th March 2024	Saturday, Sunday	Chennai	Dr. Kannan Sabapathy	9840453666	kannanace@gmail.com
30.	IOS Wild life and Clinical photography Workshop – National	22 nd , 23 rd , 24 th March 2024	Friday to Sunday	Kabini	Dr. Raghunandan Chundri	9845187614	draghucvl@yahoo.com
31.	Clinical Grandeur - IOS Symposium on Clinical Case Report and online IBO Awareness Program	28 th , 29 th March 2024	Thursday, Friday	Virtual	Dr. Suryakant Das Dr. Rajaganesh Gautam	9861099237 9890389945	orthosuryakantadas@gmail.com rajaganeshgautam@yahoo.co.in
32.	20 th Mid-Year Convention	7 th April to 14 th April 2024	Sunday to Sunday	Destination will be soon disclosed	Dr. Gaurav Gupta	9860467872	drguravvg@gmail.com
33.	Bond with Best – Clinical Enrich	19 th , 20 th April 2024	Friday, Saturday	Pune	Dr. Rajaganesh Gautam	9890389945	rajaganeshgautam@yahoo.co.in
34.	4 th EC Meeting	21 st April 2024	Sunday	Pune	Dr. Anand Tripathi Dr. Gaurav Gupta	9422560650 9860467872	anand.tripathi86@gmail.com drguravvg@gmail.com
35.	IOS Friday Rendezvous	26 th April 2024	Friday	Virtual	Academic Council Dr. Sonahita Agarwal	8948254744	drsonahita@gmail.com
36.	IOS contingent at AAO 2024 Global Indian Orthodontists Get Together	3 rd to 6 th May 2024		New Orleans, Louisiana	Dr. Jayesh S Rahalkar Dr. NikhileshVaid	9822056681 9820644222	jayeshrahalkar@gmail.com orthonik@gmail.com
37.	World Orthodontic Health Day National Orthodontic Diagnostic Drive	15 th May 2024	Wednesday	Pan India	Head Office Study Groups Orthodontic departments in Dental Colleges all over the country Pan India		
38.	Aligner Masterclass	17 th May 2024	Friday	Virtual	Academic Council Dr. Jitendra Bhagchandani	9839289804	jitendrabhagchandani@rockemail.com
39.	National Integrated Typodont Workshop – North Zone	29 th , 30 th , 31 st May 2024	Wednesday, Thursday, Friday	Noida	Dr. Anshul Singla	9871455802	dr.anshul@yahoo.co.in
40.	Zonal PG Convention – South Zone	3 rd , 4 th and 5 th June 2024	Monday, Tuesday, Wednesday	Malappuram, Kerala	Dr. Sam Paul	8921406622	info@exodusdental.com
41.	JIOS Chronicles Webinar	14 th June 2024	Friday	Virtual	JIOS Committee Academic Council	9840237177	theorthodontist@gmail.com
42.	Zonal PG Convention – North Zone	21 st , 22 nd , 23 rd June 2024	Friday, Saturday, Sunday	Muradnagar, Ghaziabad	Dr. Payal Sharma	9212708451	drpsharma25@yahoo.com
43.	National Integrated Typodont Workshop – South Zone	27 th to 29 th June 2024	Thursday to Saturday	Davangere	Dr. Kiran Kumar	9886040122	kiranortho77@gmail.com

44.	ROAR	3 rd July 2024	Wednesday	Virtual	Dr. Vignesh Kailasam	9840237177	theorthodontist@gmail.com
45.	IOS National Cleft Workshop	5 th , 6 th July 2024	Friday, Saturday	Patna	Dr. Amesh Golwara	9931633001	drameshgolwara@yahoo.com
46.	National Integrated Typodont Workshop – East Zone	10 th , 11 th , 12 th July 2024	Wednesday, Thursday, Friday	Vizag	Dr. Srikrishna Chalasani	9849477777	orthodontist7@gmail.com
47.	5 th EC Meeting	14 th July 2024	Sunday	Delhi	Dr. Sanjay Labh	9313483570	sanjaylabh@gmail.com
48.	IOS Friday Rendezvous	19 th July 2024	Friday	Virtual	Academic Council Dr. Sanjeev Verma	9872172628	drsanjuverma@yahoo.com
49.	National Integrated Typodont Workshop – West Zone	24 th , 25 th , 26 th July 2024	Wednesday, Thursday, Friday	Baroda	Dr. Kalpesh Patel Dr. Pranav Chandarana	9898107502 8866204757	drchandarana@gmail.com
50.	4 th Innovation Conclave & Crafting Research Symposium	8 th , 9 th August 2024	Friday, Saturday	Hybrid	Dr. Harnet Kaur Dr. Priyanka Kapoor	9871467002 9891914997	dr.harnetkaur@gmail.com pkapoor@jmi.ac.in
51.	IOS Wild life and Clinical photography Workshop – International	11 th to 17 th August 2024	Sunday to Saturday	Madikwe, South Africa	Dr. Matrishwa Vyas	9890220648	matrishva@gmail.com
52.	Independence Day	15 th August 2024	Online	Virtual			
53.	Aligner Master Class	16 th August 2024	Friday	Virtual	Academic Council Dr. Sanjeev Verma	9872172628	drsanjuverma@yahoo.com
54.	IOS Chronicles – JIOS Symposium	22 nd , 23 rd August 2024	Thursday, Friday	Chennai	JIOS Committee Dr. Vignesh Kailasam	9840237177	theorthodontist@gmail.com
55.	Pre – Conference Courses	18 th September 2024	Wednesday	Bengaluru	Dr. Silju Mathew Dr. Anup Belludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com
56.	CDIBO	19 th September 2024	Thursday	Bengaluru	Dr. Mala Ram Manohar	9895105683	ibosecretary@iosweb.net
57.	EOGM	19 th September 2024	Thursday	Bengaluru	Dr. Sanjay Labh Dr. Amit Bhardwaj	9313483570 9826550696	sanjaylabh@gmail.com jointsecretary@iosweb.net
58.	6 th EC Meeting	20 th September 2024	Friday	Bengaluru	Dr. Silju Mathew Dr. Anup Beludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com
59.	Study Group Conveners' Conclave	20 th September 2024	Friday	Bengaluru	Dr. Silju Mathew Dr. Anup Beludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com
60.	58 th IOC	20 th to 22 nd September 2024		Bengaluru	Dr. Silju Mathew Dr. Anup Beludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com
61.	AGM	21 st September 2024	Saturday	Bengaluru	Dr. Sanjay Labh Dr. Amit Bhardwaj	9313483570	sanjaylabh@gmail.com
62.	Valedictory Function	22 nd September 2024	Saturday	Bengaluru	Dr. Silju Mathew Dr. Anup Beludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com



DR. GANDIKOTA CHANDRA SEKHAR

The 'Humble Human' of Hyderabad!

Interview

Dr. Santosh Ramegowda,
Bengaluru

Interviewed by:

Dr. Ankit Sikri (Section Editor)

@ Panineeya Dental College & Research Centre,
Hyderabad

Childhood Days

Dr. Gandikota ChandraSekhar, fondly known as 'G.C.', born in the year 1962, completed his primary education in villages of Chittoor and Kadapa district (Andhra Pradesh). His father, Late G. Gurusurthy, was a renowned Professor at Sri Venkateswara University, Tirupati. He did his schooling from Nehru Municipal high school in Telugu Medium and Intermediate in SV Junior College in Tirupati in year 1978

The Dentistry Debut

Dr. G.C. always wanted to pursue Medicine as a mainstream but he was destined to do Dentistry somehow. He completed both his BDS (1978 - 1983) and MDS in Orthodontics (1987 - 1990) from prestigious Government Dental College & Hospital, Hyderabad; after securing First rank in combined AP State PG Entrance Exam in year 1987. He was guided by Dr. B. Seshadri, Dr. A.S. Narayana and finally Dr. C.P. Rao in his post - graduation.

Family Life

He got married on the Valentine Day of the year 1992 to Mrs. Sucharita who did post - graduation in Law. Blessed with a son, Aakash, who has a degree in Mass Communication and daughter, Akshara, who has completed her BDS from Sri Ramachandra Dental College, Chennai and is pursuing her Masters in Oral Health Sciences from Temple University, Philadelphia (USA)

Credentials

His teaching experience started from year 1990 and he worked at



various places like Bidar, Raichur, Kalaburagi, Khammam etc. and now from past thirteen years, he is the Professor & Head, Department of Orthodontics at Panineeya Dental College & Hospital, Hyderabad. He also worked as Principal of HKE's SN Dental College, Gulbarga for two years (2004 - 05). Simultaneously, he developed his own private Practice at Himayatnagar & Ameerpet (Hyderabad) from 1991 and completed 32 years of successful dental practice.



His Role Models

Very few people were aware of Dental Education in Late '70s and he came to know about Dentistry through his close relative, Dr. A. Jayakumar, a senior Periodontist from Hyderabad; who was working in Tirupati then. He has always been his friend, mentor and guide.

Contributions & Achievements in IOS

Hyderabad hosted National Orthodontic conferences in the years 1978 and 1993 and GDCH Hyderabad was the only college having MDS course with 2 seats

then. Thanks to a number of private dental colleges which started in '90s and around the year 2000. A dire need for a conglomeration of Orthodontists in Hyderabad resulted in the formation of the Hyderabad Orthodontic Study Group which later became Andhra Pradesh Orthodontic Study Group (APOSG). Dr.G.C., as its founder secretary / convener, continued till he became the President of I.O.S. in year 2016.

All the Orthodontic activities of the dental colleges came under one roof and APOSG bagged a consolation prize in year 2009 and was awarded the Best Study Group in the year 2010 and 2011. Dr. G.C. visited and attended all study groups' programs and went on to become the Organizing Secretary of Golden Jubilee Indian Orthodontic Conference held at Hyderabad in year 2015.



Dr. K. Sathish Reddy, Vice President D.C.I., was the then Chairman of this conference. Under his chairmanship, everyone worked hard for its success and he was there in the driver's seat while the committee members contributed on a personal level and with their goodwill, hard work & personal





involvement; the conference committee cut down on a lot of expenses and were able to refund two thousand rupees to all the delegates. After the successful conference, we were able to hand over a handsome amount of sixty five lac rupees to the society. "It was something which never happened before!" (smiles confidently).

All the Invited Speakers from India and abroad were given incentives and for all the overseas speakers, the registration charges were waived off & were also provided with accommodation. There was no agency

involved in airport transfers but our members stayed overnight at the airport to receive the delegates. More than two thousand delegates attended 50th IOC, a record number in 2015. Due to floods in Chennai at the same time, the committee refunded the entire amount to the delegates who couldn't make it to

the conference.

G.C. has always won every IOS election and was elected into the Executive Committee in Indian Orthodontic Society five times from the year 2009. He served as Honorary Secretary & chief convener of



Society in year 2021. He attended almost all conferences since 1987 and attended eight MYCs. He is an active member of AAO and WFO. He was a retired member of Round Table India, Member of 41ers association of India and Member of Grand Lodge of India - Lodge Morland No. 25.

Words of Wisdom for the youngsters

I am into practice since 33 years now and still going strong. We need not worry about general practitioners doing aligners. Majority of the patients come back to us, the orthodontists. The hype and publicity created by aligner companies have given tremendous awareness in general public. We are also beneficiaries.

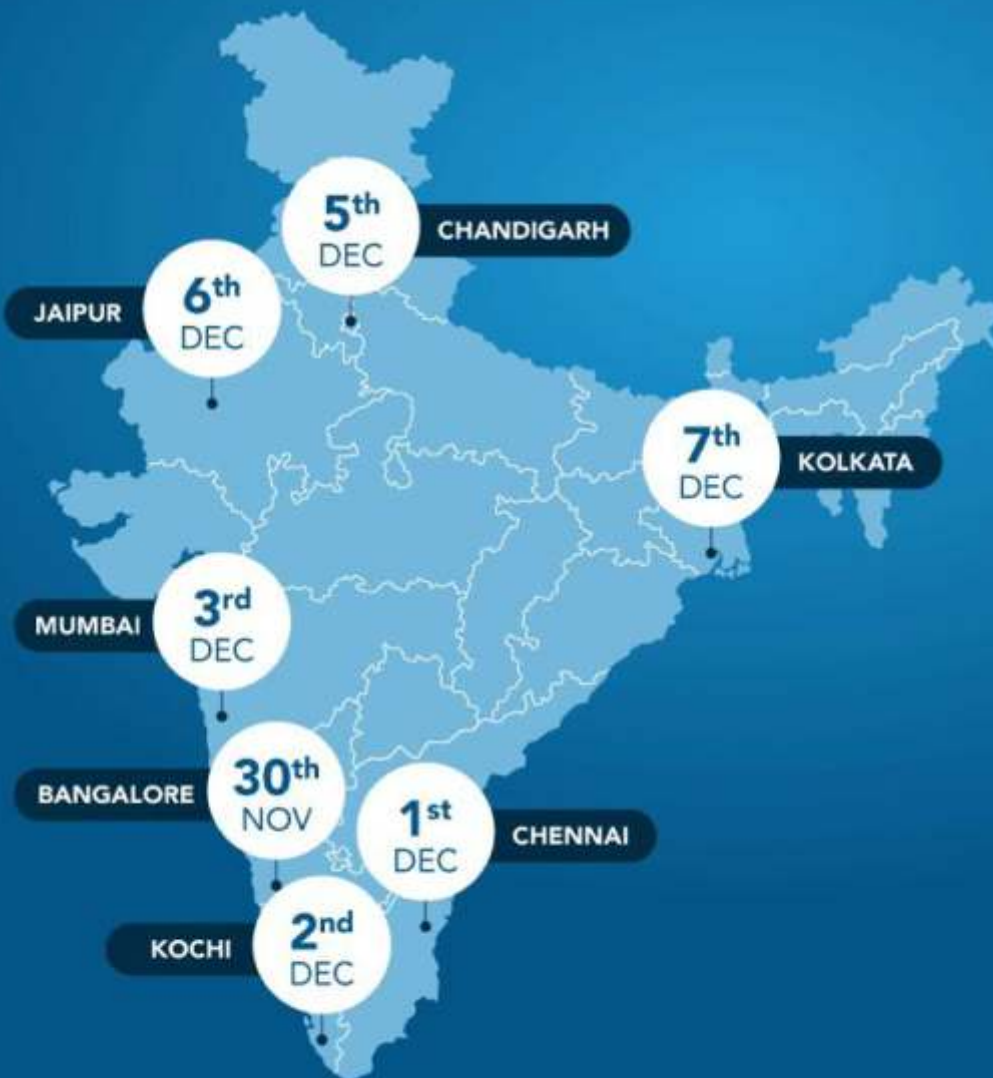
In this era of digital dentistry, one has to take honest efforts to maximize their knowledge and attend as many academic courses as possible. Many times, MDS course doesn't teach everything. Attending various workshops like Practice Management improves one's skills to give the best possible treatment options to the patients. The present era with Chat GPT, AI & social media, one must be on their toes because patient may know more than us and we must be prepared with right answers.

The results can't be shown overnight in the field of Orthodontics so one should have a calm mind and shouldn't get disappointed if he/she is not able to get the desired results. The younger generation should remember that this phase is gradual and the success would be achieved, come what may, provided they are honest to themselves. Maintain ethical standards and professional integrity, regardless of any treatment modality.



Save the date

for an event that promises to revolutionize
your dental practice!



SPEAKER:
Dr. Andres Felipe Perdomo
(D.D.S MSc)
Colombia

International Speaker & Author of
"Current Principles of the
Self-Ligation Systems".



(Scan QR code for registration)

Follow us on :   



REPORT ON ORTHODONTIST DAY CELEBRATIONS 2023

AT DEPARTMENT OF ORTHODONTICS,
JSS DENTAL COLLEGE & HOSPITAL, MYSORE



The Department of Orthodontics at JSS Dental College and Hospital celebrated Orthodontist Day on 5th October 2023. The event included a range of activities aimed at spreading awareness about orthodontics and its benefits.

1) Planting of Saplings - This was done to inaugurate the day and to encourage sustainability. Planting trees is essential for the environment and helps in reducing carbon footprints.

2) "Gift a Smile" initiative - Free orthodontic kits were distributed to underprivileged children who required orthodontic treatments. This initiative was taken to help socially challenged children get access to proper orthodontic care. It was aimed at spreading awareness about orthodontics and to make it more accessible to everyone.

3) Awareness lecture - The department conducted an awareness lecture for the general public to educate them about the importance of orthodontic treatment. This was done to emphasize the relevance of orthodontics and to help the public make informed decisions about their oral health.

4) Jewellery making competition - This activity was conducted to make learning about orthodontics more fun. Participants included both students and faculty and the competition involved creating jewellery using orthodontic materials. This was done to promote creativity and to



Erkodur AL

ALIGNER SHEET



Erkodur-al PET-C (Copolyester) is-

- Crystal-clear
- viscoelastic-hard
- Break-resistant
- Comes with insulating foil
- Excellent dimensional stability.

Erkodur-al (PET-C) is a foil material optimized for the production of aligners. Compared to the proven Erkodur (PET-G), the material is

- Approximately 35% softer
- Lower initial force and feeling of tension during insertion
- Due to the very flat memory loss curve, the effective force lasts comparatively longer

National Orthodontic Week Celebration Bangalore Institute of Dental Sciences Bangalore

On the occasion of National Orthodontist week, a number of Orthodontic awareness activities were planned by the Department of Orthodontics and Dentofacial Orthopedics from Bangalore Institute of Dental Sciences.

The department was decorated with slogans and posters of pre-treatment and post-treatment photos of cases treated in the department. Various competitions were organized in the college which included:-

- Embrace your smile arc - Smile snap share (selfie contest)
- Reelistic (innovative reels on orthodontic public awareness)
- Meme-o-mania (memes competition)
- The Last wirebender (wire bending competition)

All Undergraduates' students were encouraged to actively participate in various competitions.

Reels competition and meme competition were given theme

on orthodontic public awareness. Innovative reels were displayed on the screen during the cultural week celebrations of the college. Skilled and creative wire bendings were showcased in wire bending competition. Prizes were distributed for the awardees of various competitions.

A public awareness streetplay was performed at the Sri Hombegowda Boys School, 10th cross Wilson garden Bengaluru. Streetplay performed gave a detailed information on public awareness which included

- Importance of orthodontics followed by emphasis on screening at the right age
- Common myths and truths in orthodontics
- Side effects with Do it yourself aligners
- Interactive session where students cleared their doubts with regard to orthodontic treatment, duration of the treatment, aligners etc

All the above mentioned events were planned and organized by Dr Harish Kumar ,Dr Mrunmayee Gholap, Dr Chaitra C under the guidance of Dr Vinaya S Pai, Dr Siri Krishna and Dr Manjunath Hegde.





Bengaluru, KA, India
 10th Cross Road, Wilson Garden, Bengaluru,
 560027, KA, India
 Lat 12.949007, Long 77.596462
 10/13/2023 12:27 PM GMT +05:30
 Note : Captured by GPS Map Camera



Bengaluru, KA, India
 10th Cross Road, Wilson Garden, Bengaluru,
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 Lat 12.948030, Long 77.596456
 10/13/2023 12:22 PM GMT +05:30
 Note : Captured by GPS Map Camera



Bengaluru, KA, India
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 Note : Captured by GPS Map Camera



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 Note : Captured by GPS Map Camera

National Orthodontist Day Celebrations 5th October Mithila Minority Dental College Darbhanga



National Orthodontist Day was celebrated with great enthusiasm and fervor at Mithila Minority Dental College on the 5th of October 2023. The events were organized by the staff and postgraduate students of the Orthodontics Department. The day commenced with a grand cake-cutting ceremony attended by the staff of the entire college. The ceremony symbolized the unity and dedication of the dental community towards orthodontics. The decorations, including the cake, rangoli, and posters, were all intricately designed to adhere to the theme of IOS guidelines 2023. A number of events were lined up for the undergraduate students. A poster making competition was organized, where students showcased their artistic talents while conveying key messages about orthodontics. The wire bending competition brought out the technical expertise and creativity of the students. This competition was not only educational but also added an element of friendly competition to the celebration. An engaging and informative quiz competition was held, focusing on orthodontic knowledge and recent advancements in the field. It

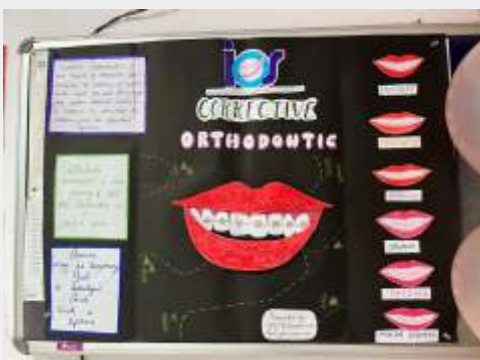


challenged the participants' understanding and kept them updated with the latest developments in orthodontics. In recognition of the outstanding efforts and talents displayed during the competitions, awards were distributed to the winners.

The National Orthodontist week celebrations at Mithila Minority Dental College were a tremendous success and continued through the week. The event not only celebrated the accomplishments of orthodontists but also educated students and attendees about the importance of orthodontics. It brought together the dental community in a spirit of camaraderie and professional growth. The day ended with warm appreciation from all who attended, acknowledging the efforts and commitment of the Orthodontics Department in organizing a

memorable event. It further reinforced the commitment to advancing orthodontics as a crucial dental specialty.







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National Orthodontist Day

5th October, 2023

Celebrations

Orthodontic Study Group of Lucknow



Welfare, Dr Raj Kumar Jaiswal, Director of Pedodontics Dr. Sonali Saha, and other esteemed Heads of all Departments.

On the occasion of National Orthodontist Day which was celebrated across the nation to celebrate the profession of Orthodontics and create awareness amongst masses the Orthodontic Study Group of Lucknow (OsGOL) contributed by acknowledging the National Orthodontic Week with great enthusiasm from 5th October to 12th October, 2023.

Conveners OsGOL, Dr. Ram Autar, Dr. Raj Kumar Jaiswal and Dr. Sulabh Grover along with Immediate past Conveners Dr. Sudhir Kapoor, Dr Ragni Tandon and Dr Rana Pratap Maurya requested clinicians and post Graduate Department of Orthodontics of six different dental colleges to hold different public awareness activities to mark the National Orthodontist Day/Week.

Under the aegis of Head, Department of Orthodontics, Sardar Patel Post Graduate Institute of Dental and Medical Sciences; Dr Jitendra Bhagchandani, the National Orthodontist Day witnessed the spread of Orthodontic Awareness through engaging activities such as the Smile Transformation Photography contest and E-poster presentations by the post graduates. Festivities included the ceremonial lighting of lamp along with a delightful cake cutting ceremony commemorating the foundation day of Indian Orthodontic Society way back in 1965 amidst distinguished dignitaries including Principal Dr. Gaurav Singh, Managing Director Dr. Arohan Singh, Advisor Dr. Hanuman Singh, CEO Shri C.P. Verma, Director, Orthodontics Dr. Sudhir Kapoor, Director CDE and Student

Saraswati Dental College and Hospital under the esteemed Headship of Dr. Ragni Tandon organised an awareness lecture for students of Saraswati Dental College and Hospital. Patient awareness lectures were held to educate patients about orthodontic treatment along with an awareness walk. Gifts and goodies were distributed to patients undergoing orthodontic treatment. A wire bending competition was also organised for the undergraduates and the winners were



felicitated. The department was also decorated by the students and a beautiful rangoli was also made along with a cake



cutting ceremony.

Member OsGOL; Dr. Pratik Chandra, EC Member, IOS and Dr. Manoj Kumar took the flag of IOS higher and visited the first village of INDIA, MANA (10,133.5 feet above sea level), spreading public awareness

about Orthodontics. They were surprised to find that the local people were knowing about ceramic braces and aligners due to handy information shared over social media. Dr. Pratik and Dr. Manoj also waved the INDIAN ORTHODONTIC SOCIETY flag at “MANA” and Badrinath Dham Temple while taking the blessings of Lord Shiva.

Faculty of Dental Sciences, KGMU under the esteemed guidance of Head, Department of Orthodontics, Dr. G.K. Singh organised an awareness talk over National television where Prof Dr Gyan delivered a talk and made the masses aware about fixed orthodontic treatment, its benefits and importance of getting treatment done by a qualified orthodontist on the occasion of National Orthodontist Day.

Chandra Dental College and Hospital under the Headship of Dr. Shirish Srivastava organised a free camp at a nearby factory where free orthodontic consultation was done along with routine dental check-up. The workers and their families were apprised about orthodontic treatment and its effect on smile and face. The department also organized a Rangoli and Poster competition.

Senior practitioner Dr. Arvinder Singh at his orthodontic clinic displayed banners and posters to apprise patients and visitors about the importance of a beautiful smile and its effect on overall quality of life of an individual.

Prof. Dr Shally Mahajan also organised an awareness lecture for doctors of other specialties, staff and patients of Dr. RML Institute of Medical Sciences, Lucknow on the occasion of National Orthodontist Day.





National Orthodontist Day Himachal Dental College Sundernagar - Mandi (H.P.)

Orthodontist Day, celebrated on October 5th, recognizes and promotes the importance of orthodontists in achieving beautiful healthy smiles. The day celebrates the transformation orthodontic treatments bring, instilling confidence and promoting better overall well-being. So to express our gratitude to this field we celebrated National Orthodontists' Day in the Department of Orthodontics and Dentofacial Orthopaedics, Himachal Dental College, Sundernagar - Mandi (H.P.)



National Orthodontist Day Bhojia Dental College & Hospital, Baddi

Bhojia Dental College & Hospital, Baddi under the aegis of Bhojia Charitable trust celebrated the National Orthodontist day on the occasion of 58th Foundation day of Indian Orthodontic society.

The Orthodontic department aimed to provide awareness amongst patients who require orthodontic treatment and the national orthodontic awareness week dispensed a good opportunity for the patients to get free consultation and awareness for orthodontic treatment.

An interactive session on awareness of orthodontic treatment and importance of good oral health among young children was discussed.



ORTHODONTIC DAY CELEBRATIONS

Department of Orthodontics,
Guru Nanak Dev Dental College
& Research Institute,
Sunam (Punjab)

Orthodontic Day was celebrated in the Department Of Orthodontics and Dentofacial Orthopaedics at Guru Nanak Dev Dental College and Research Institute, Sunam. The programme was organised by Head of Department, Dr. Parul Bansal. The interns and postgraduate students enthusiastically participated in decorating the department and making rangoli. Dr. Parul delivered an awareness lecture titled "Getting started on your Orthodontic Journey" to various graduate students, interns, nursing and postgraduate students. She emphasised that such programmes create general awareness among people and other medical fraternity. She described the speciality of Orthodontics and busted various myths about braces. She also said braces treatment is possible at all ages and children should be shown to an Orthodontist only as early as eight years so that developing malocclusion can be prevented or intercepted.

Subsequently, a general awareness quiz was conducted in which post graduate, interns, undergraduate and nursing students actively participated for the occasion. The department aimed to provide awareness by providing a free dental check up which was conducted by doctors to encourage and motivate people on their oral health and amongst patient who required Orthodontic treatment.

The programme was meticulously planned and successfully conducted by Dr. Parul Bansal (Professor & Head), Dr. S.K. Singla (Professor), Dr. Ankit Sikri (Professor), Dr. Abhishek Sharma (Associate Professor), Dr. Bharti Goyal (Associate Professor) and Dr. Atul Jindal (Assistant Professor) along with the postgraduate students.



National Orthodontic Week (05-12 Oct 2023) at Army Dental Centre Research & Referral, Delhi 110010



The National Orthodontic Week events were celebrated at the Department of Orthodontics & Dentofacial Orthopaedics of Army Dental Centre (Research & Referral), Delhi, with effect from 05 - 12 Oct 2023, under the guidance of Brig S S Chopra, Prof and HoD, Dept Of Orthodontics and Dentofacial Orthopedics, and Commandant



Army Dental Centre (Research & Referral), Delhi, with the theme: "It's never too late to get your confident smile, A good smile has more to offer for good health". The events commenced with the meeting of all the orthodontists from the Armed Forces, posted at Delhi, residents and para dental staff at ADC (R & R) on 05 Oct 2023. The occasion was graced by presence of the senior most Orthodontist in the Indian Armed Forces, Maj Gen Vineet Sharma, VSM, Additional Director General Dental Services, Army Dental Corps.

The various departmental activities organised during this week were as following:

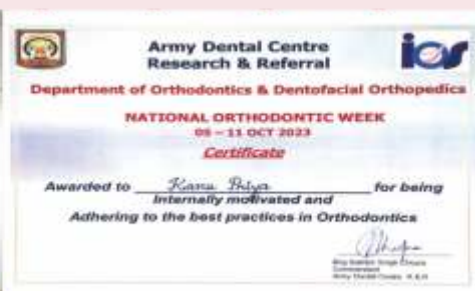
1. Orthodontic awareness displays

Enhancing awareness about orthodontic treatment among patients has been the mission of Indian Orthodontic Society (IOS), which has been adhered by the Dept also. Towards this objective, various educational aids such as posters and videos, provided by the IOS were displayed in the patient's waiting area. The displays received attention of the patients and parents and was widely appreciated too.



2. Educational lecture, quiz competition and award of Certificate of Appreciation

A lecture program pertaining to the 'instructions for orthodontic treatment' was organised for the patients. Pamphlets comprising these instructions were then distributed to the patients. A quiz competition for children was also conducted by the residents and 'certificates of appreciation' were given to the winners.



3. Distribution of oral hygiene aids

Various oral hygiene aids such as orthodontic toothbrush, fluoride toothpaste, dental floss and mouthwash were distributed to the patients during this week by the paraclinical staff, who reinforced the patients about care for orthodontic treatment.



4. Selfie with Orthodontist

A healthy relationship of trust and care between the orthodontist and patient is a key to successful orthodontic treatment. To foster this bond, a 'selfie point' was organised in the clinical area, where patients took the photographs with their respective orthodontists.

5. Best smile photograph

Patients' perfect smile after orthodontic treatment expresses their happiness and satisfaction with the orthodontic treatment. It also is a way to assess the quality of orthodontic care provided to the patient.

One such smile photograph of the patient, treated by Lt Col Vivek Thakur, faculty of the Dept, was sent to the IOS competitive category, with the consent of the patient.

Overall, the week-long program instilled pride and motivation to the orthodontic team of the centre to pursue the practice of art and science of the speciality, with renewed vigour and from a patient centric approach.

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Hook / Without Hook



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4MM/6MM/9MM/12MM



Sliding Stops
Round / Rectangle



Headgear Tube



Lingual Button
Ceramic



Lingual Cleat Without
Base Weldable



Lingual Retainer &
Lingual Retainer with
Bonding Pads



Open Coil Spring



Tongue Tamers



Metal Seperator



Lingual Button with
Ring



Lingual Button with Cleats
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Department of Orthodontics & Dentofacial Orthopedics in association with Indian Orthodontic Society(IOS) and Orthodontic Study Group of Delhi (OsGod) organized a programme “ORTHOMANTHAN -UNLEASH THE SMILE” at Inderprastha Dental College and Hospital to commemorate National Orthodontist Day on 5th of October. The programme was held from 5th-12th October 2023. The programme was marked by lectures on orthodontic awareness as well as various cultural and technical competitive events. Orthodontic awareness camp was also organized as a part of the programme on the occasion of National Orthodontic Week .

DAY 1 - (5TH OCTOBER 2023)

Orthomanthan 2023 was inaugurated on 5th October 2023 and was followed by a Lecture for undergraduate students on the topic “ABCD OF ORTHODONTICS” by Dr Rahul Paul, Principal, Prof & Head, IPDC. It was very informative and intriguing session for the students which they thoroughly enjoyed. Another enlightening lecture on “WHY ORTHODONTICS” by Dr Deepti Yadav, Professor, Department of Orthodontics, IPDC was taken which was very educative and instructive to the students.



WIRE BENDING

Bends at Best- Innovative Wire bending competition was conducted during the event in which students were motivated to showcase their creative craftsmanship and innovative thinking. A total of 41 students participated.

Judge 1: Dr. Ashish Gupta

Convener
OSGOD

Judge 2: Dr. Vaibhav Mishra

Professor and Head, Department of Orthodontics
D J College of Dental Sciences & Research



1st Prize Winner: Dr. Apda Darang, 2nd Prize Winner: Garvita Chaudhary, 3rd Prize Winner: Dr. Ratika Sawhney

RANGOLI COMPETITION

This competition was held for both undergraduate and postgraduate students. The designated theme for the competition was ORTHODONTIC TREATMENT. Total entries received for participation in the event were 17. The judges for the rangoli competition were:

Judge 1: DR SANJAY LABH
Honorary Secretary
Indian Orthodontic Society

Judge 2: DR RAJIV AHLUWALIA
Chief Convener
OSGOD



1st Prize- **Punchang, Nishik and Khushi** (Group 3)
2nd Prize- **Dr Ratika, Dr Apda, Dr Priya and Dr Aashutosh** (Group 15)

DAY 2 -(6TH OCTOBER 2023)

Second day of the event commenced with welcoming of our dignitaries Dr Sanjay Labh, Hon Secretary, IOS, Dr Puneet Batra, President Elect, IOS, Dr Rajiv Ahluwalia, Chief Convener, OsGod, Dr Anup Kanase, Director, Dental Cell, Govt Of NCT, Delhi, Dr Ashish Gupta, Convener OsGod, Dr Payal Sharma, Prof & Head, Dept of Orthodontics, ITS Dental College Muradnagar, Dr Vaibhav Mishra, Prof & Head, Dept of Orthodontics, DJ Dental College, Modi Nagar. The first event of the day was a lecture by Dr Sanjay Labh on the topic "Orthodontics for BDS Students" Students were highly motivated after listening to the lecture.



CAPTURE THE BEST SMILE- PHOTOGRAPHY COMPETITION

In recent years, clinical photography has grown to become a very important aid and requirement for proper clinical diagnosis, treatment planning and case documentation in Orthodontics and Dentistry in general. Keeping in lieu the need of photography skills, department hosted "Capture the Best Smile- Photography Competition" for the students. The judges for the competition were:

Judge 1: **Dr.Sanjay Labh**
Hon. Secretary,
Indian Orthodontic Society

Judge 2: **Dr. Puneet Batra**
President Elect
Indian Orthodontic Society



1st Prize Winner (P2): Dr. Prakher Saini, 2nd Prize Winner (P4): Dr. Akshita Arya, 3rd Prize Winner (P9): Dr. Aditya Gupta

REELS COMPETITION

This competition was held for both undergraduate and postgraduate students. The designated theme for the competition was ORTHODONTIC AWARENESS. Total entries received for participation in the event were 21. The judges for the reels competition were

Judge 1: **DR ANUP KANASE**
Convenor, OSGOD

Judge 2: **DR ASHISH GUPTA**
Convenor, OSGOD



1st Prize- **Shambhavi Mishra**, 2nd Prize- **Dr Ratika Sawhney**, 3RD Prize-**Aiman Fatima**

DEBATE COMPETITION

Debate involves an individual or a team of students working to effectively convince a judge that their side of a resolution or topic is, as a general principle, more valid. Students in debate come to thoroughly understand both sides of an issue, having researched each extensively, and learn to think critically about every argument that could be made on each side.

DEBATE I

CONVENTIONAL ORTHODONTICS Vs ALIGNER

Participants – Post graduates

JUDGES for the DEBATE Competition:

Judge 1: **DR. PAYAL SHARMA**
Professor and Head
Department of Orthodontics
I.T.S Dental College

DEBATE II

PRACTICE VS ACADEMICS

Participants – Under graduates

Judge 2: **DR.VAIBHAV MISHRA**
Professor and Head
Department of Orthodontics
DJ College of Dental Sciences & Research



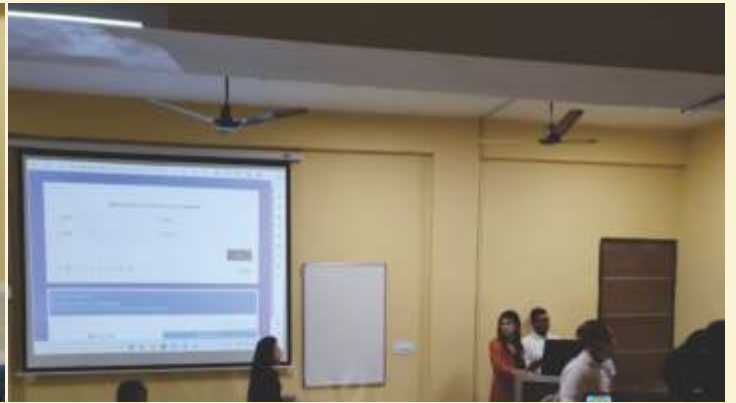
CONVENTIONAL ORTHODONTICS VS ALIGNER THERAPY PRACTICE VS ACADEMICS

Debate I Winner : **Team A- CONVENTIONAL ORTHODONTICS**

Debate II Winner : **Team B- ACADEMICS**

DENTAL AWARENESS SKIT AND DENTAL QUIZ

An awareness skit was performed by the students of Inderprastha Dental College and Hospital. A dental quiz was organized by the department for the students..



The 2nd day of programme ended on high note with an astounding felicitation ceremony for dignitaries.

DAY 3 - (7TH OCTOBER 2023), ORTHODONTIC AWARENESS CAMP

An oral health check-up camp was organized at Delhi School, Little Flower Public Sr. Secondary School for dental awareness among the young students of Class VI to X. The camp began with an Awareness lecture delivered by Dr. Deepti Yadav, Prof. of Orthodontics and Dentofacial Orthopedics. She showcased a short presentation on Orthodontic Awareness and the need for orthodontic treatment. Further, the Head of the department and other faculty members organized a free dental health check-up for the students. A total of 500 students were screened. The students got ample opportunities to interact with staff members to enquire and gain knowledge concerning oral health. Apart from that, the school Principal organized a speech competition on dental health. Dr. Neeta Dua, Principal (Academics) thanked all the members, staff, and the event coordinator for rendering moral and selfless service to the school.





**DAY 1- DAY 7 -(5TH - 12TH OCTOBER)
ORTHODONTIC PATIENT AWARENESS CAMP**

As National Orthodontic week was celebrated from 5th -12th October, Orthodontic Patient Awareness Camp was conducted throughout the week by Department of Orthodontics & Dentofacial Orthopedics in nearby areas of the institute in order to make

people aware in regard to their Orthodontic oral health. A Nukkad Natak was conducted for this purpose as well as sample and awareness pamphlets were also distributed.



"A special thanks" to all the invited dignitaries for their gracious presence to make the program successful.



ORTHOMANTHAN 2023

FLASH KNOWLEDGE FORUM - BENGALURU

We recently organized the Flash Knowledge Forum in Bengaluru.

The session on **'The Aligner Golden Circle – Why, How & What of Flash!'** was led by Dr. Vinod Pattabiraman, M.D.S (Orthodontics & Dentofacial Orthopaedics), Gold Provider - Flash Aligners
Dr. Neil David Andrade, M.D.S (Orthodontics & Dentofacial Orthopaedics) KOL & Platinum Provider - Flash Aligners
Dr. Dhaval Fadia, M.D.S (Orthodontics & Dentofacial Orthopaedics) Head - Orthodontic Design & Technology - Flash Aligners.

With our core belief in Science and Service, we look forward to conducting many such scientific sessions in the future.

Catch a few glimpses from the event!



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ANNOUNCING FLASH CONCLAVE 2024

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you another exciting edition of Flash Conclave.

Stay tuned for more details.

UPCOMING FLASH CERTIFICATION PROGRAM

SPEAKERS



Dr. Nikhilesh Vaid
Scientific Advisor - Flash Aligners



Dr. Chandani Shah
M.D.S. (Orthodontics & Dentofacial Orthopaedics)
Team Lead (Orthodontic Design Services)
Flash Aligners

Date

Monday, 20th Nov, 2023

Time

10:00 AM to 2:00 PM
(Followed by lunch)

Venue

Le Meridien, Kochi

Course fee is redeemable if the
first case is invoiced within 90 days
of the Certification Program

Course Fee: Rs. 9000/-
Scan QR code to register



With our focus on Science & Service, Flash Aligners is proud to present Made in India Aligners.

COME TOGETHER



(Venue: Mangalore club, Mangalore Time: 07:30 pm, Date: 12th October 2023)

Orthodontist Awareness Week

Yenepoya Dental College, Mangalore

From October 5th to 12th, Yenepoya Dental college in association with Mangalore orthodontic study group (MOSG) organized “Orthodontic awareness week”. Various programs were been planned in Association with this. We intend to make a small difference in the society that we serve through these programs.

“COMING TOGETHER” BRIDGING THE GAP BETWEEN MEDICAL AND DENTAL FRATERNITY

The most innovative public awareness activity from Yenepoya dental College in association with Mangalore Orthodontic study group– “Coming together” bridging the gap between medical and dental fraternity was held on 12th October, 2023 in Mangalore Club.

Awareness about the impact of airway issues on overall health and well-being had been growing, not only for the public but also for other medical fraternities. Thus, the orthodontist, ENT surgeons, and Paediatric healthcare providers all play a crucial role in identifying and managing airway issues to improve overall health outcomes for their patients.

The ENT and Paediatric department came together with the departments across Mangalore involving various dental colleges and medical colleges to discuss and learn about innovative and effective approaches towards treatment of orthodontics.

Dr. Sandeep Shetty, Prof & HOD, Dept of Orthodontics, Yenepoya dental college welcomed the gathering and addressed the importance of multi disciplinary approach in management of airway obstruction. Dr. Ashith MV , Chief convenor of Mangalore Orthodontic study group spoke on the awareness campaign and the concept of the program. The speakers were Dr. Ejaz Anwar spoke on Combined Approach in the management of airway and sleep Disordered Breathing: the role of Orthodontists, ENT surgeons and Paediatricians. Latest trends in Non-surgical Maxillary skeletal expander and Dr.Manisha.N with the Topic management of the upper airway by Otorhinolaryngologists. Dr. Mithun K delivered the vote of thanks. This continue dental education program was accepted and widely attended by over 100 delegates with orthodontics, ENT surgeons and Paediatricians.

DIGITAL BOARD CAMPAIGN” IN COLLEGE

The digital board of the college was used as an important tool for promoting public awareness about orthodontics. The digital board displayed in the college is facing towards the public road which was a perfect medium to produce public awareness.



(Venue: Yenepoya Dental college, Date: 5th October 2023)

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(Venue: Yenepoya Dental college, Time: 10:30 am, Date: 14th October 2023)

BANNER IN THE COLLEGE BUS

Yenepoya College bus is used for the transportation of faculty, students and patients. This bus will travel through many the city which can be a perfect medium to endorse the public awareness. During this awareness campaign the public will be highlighted on the importance of choosing the IOS endorsed orthodontist. This banner was released on 5th October initiating the awareness program.

INSTAGRAM REEL COMPETITION: Yen Em(Brace)

With over 1 billion active users, Instagram has become a popular social media destination for everyone. Instagram reels, in particular, have gained popularity due to their short-form video format and ability to capture viewers' attention quickly.

Instagram reels are a valuable tool for an orthodontic awareness campaign as they allow the campaign to create engaging content and reach a wider audience.

This was a competition for the public and students. By leveraging this platform effectively, the campaign increased awareness about orthodontic issues and encourage people to seek proper treatment.

Yenepoya dental college conducted this Reel competition with the name Yen(Brace). More than 20 participants send their entries. The winner received a cash awards. The prize was based on the likes and the creativity of orthodontic awareness



(Venue: Yenepoya Dental college, Time: 10:30 am, Date: 14th October 2023)

LUDHIANA ORTHODONTIC STUDY GROUP MEET



Speaker : **Dr. Jayesh S. Rahalkar** (President IOS)
 Topic – **Management of Vertical Discrepancy**

Report By: **Dr. Ankit Sikri** (Section Editor)

On 13th October 2023, the Conveners of Ludhiana Orthodontic Study Group (LOSG); Dr. Ajit Jaiswal, Dr. Rishi Seth and Dr. Anshul Chaudhry organized the first scientific program of Indian Orthodontic Society of Calendar year 2023 - 2024 in form of a webinar cum physical CDE meet and it was in continuation of celebration of National Orthodontic Week.

The President of the Indian Orthodontic Society, Dr. Jayesh S. Rahalkar delivered guest lecture on "Management of Vertical Discrepancy". This meeting was blessed with the presence of senior members of the group - Dr. Rajan Jairath, Dr. J.P.S. Kalra, Dr. Anjuman Khurana, Dr. Amanpreet Singh, Dr. Vishal Arora and Dr. Girish Chaudhry along with other members. The webinar was hosted by Dr. Dristi Verma and conceptualized by Dr. Jasmeet Kaur Ryait, Dr. Kanika Arora, Dr. Shivani, Dr. Pallavi Garg and the post-graduate students from BJS Dental College, Ludhiana.

The commencement of the webinar and the physical meet was done by a ceremonial lamp lighting with the sacred invocation of Sarasvati Vandana followed by a floral welcome of the senior members of the group. Following the inaugural ceremony and the head office address, the senior members of the group introduced



the esteemed moderators respected President Elect Dr. Puneet Batra, Honorary Secretary Dr. Sanjay Labh and Past Honorary Secretary Dr. Sridevi Padmanabhan.

The speaker for the event was Respected President of the Indian Orthodontic Society, Dr. Jayesh S. Rahalkar who shared his valuable insights on "Management of Vertical Discrepancy" through the webinar. Dr. Rahalkar talked in great depth about the management of the vertical discrepancies starting from the diagnosis, aetiology to its management with a great display of beautifully managed cases.

The webinar saw a massive engagement of 500+ participants encompassing not only the four directions of India but also areas from across the globe like Egypt, Oman, Dubai, Vietnam etc.; eager to hear from the eminent speaker.

The lecture was followed by a formal acknowledgement of the speaker followed by a Q & A session which was conducted beautifully by the esteemed moderators - Dr. Puneet Batra, Dr. Sanjay Labh and Dr. Sridevi Padmanabhan.

Following the Q & A session, Dr. Rishi Seth (co - convener) hosted the virtual memento ceremony where mementos were presented to the speaker and moderators by senior members Dr. Amanpreet Singh and Dr. Anjumanpreet Kaur.

After the conclusion of the memento ceremony, a formal vote of thanks was delivered by the convener of the LOSG - Dr. Ajit Jaiswal & co – convenor Dr. Anshul Chaudhary.

The culmination of the webinar was followed by celebratory dinner. The physical webinar meet served as a beautiful idea to bring together all the members of the group from the most senior to the most junior for an evening of learning, bonding and pinch of nostalgia ending with a wholesome group photograph.



MOSG CLINICAL ENRICH

22nd OCT 2023

Madras Orthodontic Study Group organized a clinical enrich program for the members of Indian Orthodontic society on October 22nd 2023. The programme was inaugurated with welcome address from the Chief Convenor of MOSG, Dr. Shahul Hameed Faizee. It was a privilege to have our esteemed President of IOS Dr. Jayesh Rahalkar, Secretary of IOS Dr. Sanjay Labh, Vice-President of IOS Dr. Edeinton Arumugam, JIOS editor Dr. Vignesh Kailasam, Immediate past secretary of IOS Dr. Sridevi Padmanabhan and the senior and founder member of MOSG Dr. N.R. Krishnaswamy, Dr. Janardhanam and Dr. Shyamala Chandrasekar and the co-convenors of MOSG, Dr. Vijayadith and Dr. Rekha Bharadwaj.

Dr. Carol Weinstein Kron, DDS, was the speaker for clinical enrich

oct 2023. She completed

her DDS in Universidad de Chile, 1997 and Orthodontics in University of Pennsylvania, 2001. Dr. Carol has 20 years of experience in Functional orthodontics Roth/Williams and she is the member in American Board of orthodontics. Dr. Carol gave an extensive presentation on the topic of THE LEARNING OF THE LAST FIVE YEARS IN ORTHODONTICS- Successes and Failures.

The session was moderated by Dr. Sangeetha Duraisamy and the webinar was well attended by more than 150 participants across the country.

Topic : THE LEARNING OF THE LAST FIVE YEARS IN ORTHODONTICS: SUCCESSES AND FAILURES

Speaker
Dr. Carol Weinstein Kron
 DDS Universidad de Chile 1997
 Orthodontics University of Pennsylvania 2001
 Private practice Santiago-Chile

Date : 22nd October 2023, Sunday
Timings : 6.00pm – 7.30pm
 Through Zoom Platform

Moderator
Dr. Sangeetha Duraisamy MDS,
 Professor,
 Dept. of Orthodontics,
 SIRM Dental College, Ramapuram, Chennai.



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Dr. Jean Marc-Dersot (France)



By: **Dr. Ankit Sikri** (Section Editor)

The lecture series “IOS Friday Rendezvous” started afresh for the Presidential year 2023 - 2024. The online webinar had a different pinch of flavour this time around. It was based on an Interdisciplinary topic – “Gum Recession, Perioplastic Surgery & Orthodontics: How, When & Why” which was held on October 20th, 2023. As many as 300+ virtual attendees were eagerly listening to a great topic which was well elaborated by an eminent periodontist, Dr. Jean Marc-Dersot from France.

The virtual inaugural ceremony hosted Present Office Bearers of both Indian Orthodontic Society and Indian Society of Periodontology. The event kick started sharp at 7 pm. Dr. Jitendra Bhagchandani welcomed the guest speaker, the principal office bearers of both the societies and the Executive Committee Members along with the other life members and student delegates.

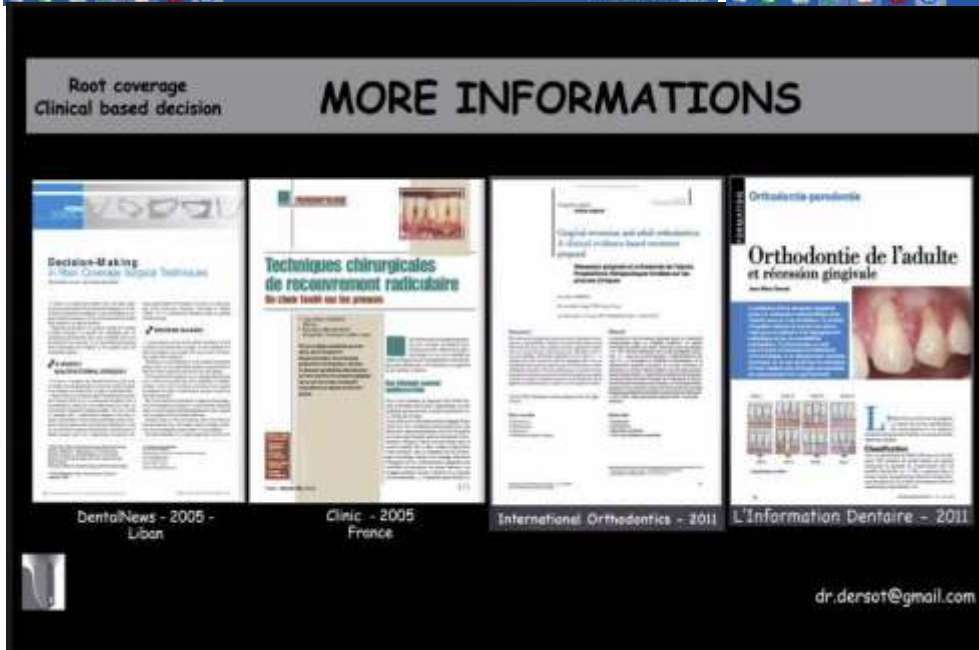
The Welcome address was delivered by Dr. Jayesh Rahalkar (President, IOS) and it was followed by introductory remarks on the Friday Rendezvous lecture series by Dr. Sanjay Labh (Honorary Secretary, IOS). He welcomed the keynote speaker of the day, Dr. Dersot.

The speaker talked extensively about the Perio – Ortho – Impant relationship. The lecture covered the important aspects such as Orthodontic treatment in periodontal patients, definitive procedures like surgical exposure of impacted canine & frenulectomy, correction of mucogingival defects, germectomy, pattern of pre orthodontic periodontal surgeries, orthodontic extrusion of decayed/fractured teeth, preparation of implant sites, implants for anchorage, Orthodontic bone stretching, tissue remodelling and periodontal regeneration.

Towards the conclusion, a Q&A session was conducted by Dr. Ajay Kubavat, Dr. Jitendra Bhagchandani, Dr. Sonahita Agarwal & Dr. Sanjeev Verma. Dr. Dersot answered all the queries and clarified the doubts of the delegates. It was such an interactive session where the delegates asked questions as well as had a

chance to listen to the speaker's experiences in the field of Periodontology.

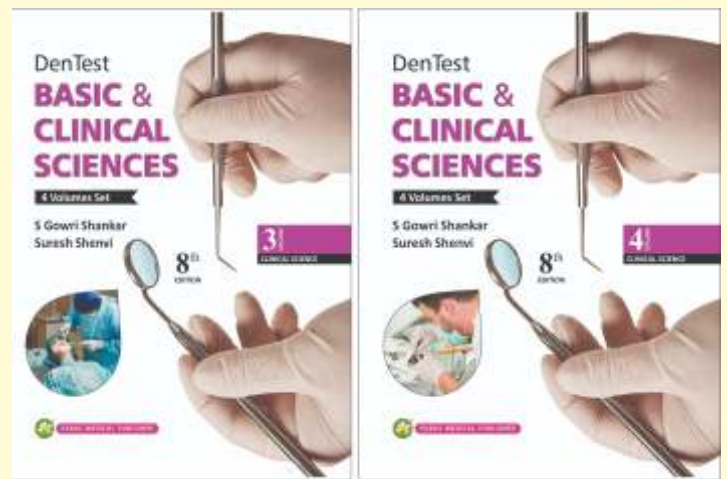
The concluding remarks along with the vote of thanks were delivered by Dr. Edeinton Arumugam (Vice President, IOS). It was followed by a virtual sharing of the certificate of appreciation which was displayed on the screen and was handed over to the guest speaker by Dr. Puneet Batra (President Elect, IOS).



Dr.S. GOWRI SANKAR

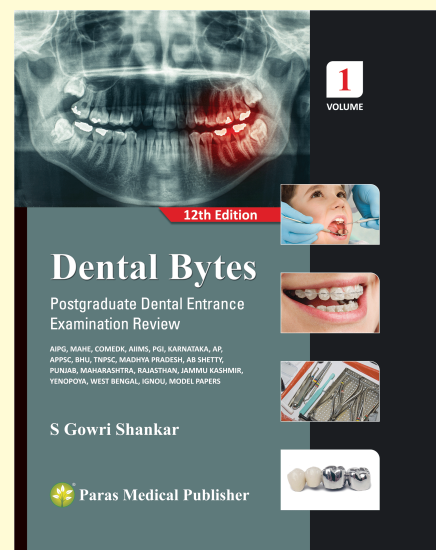
LM 1337

Graduated from GDCH, Hyderabad in 1994 and post-graduation from Manipal of Higher Education in 1998. Won many awards and Gold medals for being topper. Being awarded the 'International Plaque award' for the best outgoing student of the Indian and Srilankan chapter. His name is synonymous with MDS entrance preparation in India. Encouraged by his Guide Dr. V. Surendra Shetty, authored the Entrance preparation book "DENTEST" when pursuing Post graduation itself. This is the first comprehensive book authored by an Indian author with explanatory answers and almost enjoyed 15 years of monopoly after its publication. The book at present running its 8th edition and into the 28th year of its publication after its first release in 1996. This book has a rare distinct achievement of by an Indian Author in the Dental field crossing landmark sales of 100000 (1 lakh copies) by the year 2018 itself.



In 2002, he authored a book 'Synopsis of Dental materials' for undergraduate students which is a quick review of material science

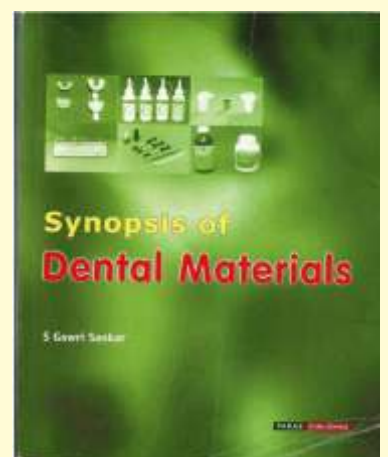
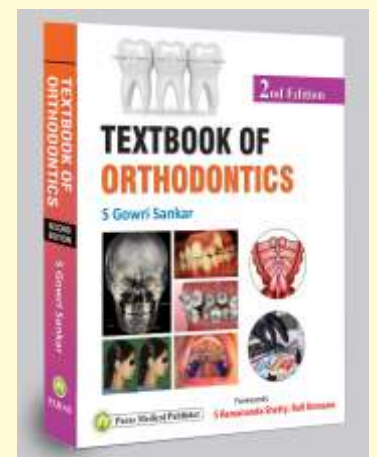
In 2011, he authored "Text book of Orthodontics" for undergraduate students. It is the second bestselling title in its category. He humbly admits that he is inspired by his Seniors Balagahi SI and Gurukeerat singh. Incidentally, all these authors are from MCODS, Mangalore.



At present working as Professor at Narayana Dental College, Nellore. He is also serving as external PhD guide for Annamalai university .

He is the Associate editor and one of the longest standing members in the editorial board of Journal of Indian Orthodontic Society serving for the last 12 years in various capacities. He is also the Assistant Editor of the Journal of APOS. He is also reviewer for more than 25 National and International Journals.

Along with the wife Dr. E. Vanaja are the Hon. Dental Consultants of the famous TTD Devasthanams. He is blessed with two children, daughter pursuing Medicine and son into the dental field. Besides Academics, has been a stage-actor and an ardent voluntary Blood donor and have donated around 35 times.





58th

IOC 2024

Indian Orthodontic Conference

"Embracing Emerging Technologies"



Clarks Exotica, Bengaluru

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20-22

2024

www.58iocbengaluru.com

Invitation

Dear Friends,

On behalf of the organizing committee of the 58th Indian Orthodontic Conference, I take great pleasure in extending a warm welcome to you all. We will be truly delighted to have you join us in Bengaluru for our forthcoming important Conference, scheduled to take place at Clarks Exotica from 20 – 22 September 2024.

Our conference has earned a reputation for being a premier platform for clinicians, academicians and innovators to converge, share insights and explore new avenues for learning and collaboration. This year's event at Bengaluru promises to be even more exciting and informative, with a diverse range of topics on the agenda, including the latest research, learnings, trends, best practices and cutting-edge technologies that are shaping our professional future.

We have meticulously curated a program that promises to be both intellectually stimulating and professionally enriching. We hope that you will leave the conference with fresh perspectives, new connect, and a renewed enthusiasm for your work in orthodontics speciality.

In addition to the insightful sessions and networking opportunities, we are also having a concurrent trade exhibition, as an integral part of the conference. The exhibition provides an excellent world class platform to our trade partners to not only have their brand visibility, but also showcase their products and services and innovations to their target audience of 58th Indian Orthodontic Conference professionals, decision and policy makers.

Bengaluru, with its vibrant culture and rich history, serves as the perfect backdrop for this gathering of orthodontic professionals. We are confident that the city's dynamic atmosphere will provide a stimulating environment for fruitful discussions and rewarding experience.

We look forward to your participation and the privilege of welcoming you to Bengaluru in September 2024. Your presence and active engagement will contribute significantly to the success of our event.

Thank you for considering our invitation. See you in Bengaluru!

Warm regards,

Sincerely,

Dr. Silju Mathew
Organising Chairperson

Dr. Anup Belludi
Organising Secretary

Dr. Prashantha G S
Treasurer

Dr. Akshai Shetty
Scientific Convenor



REGISTRATION

S.No.	Registration Category	Till 27 th PG Convention	Till 31 st May 2024	Till 31 st Aug 2024	Spot Registration
1	Life Member and Delegates from SAARC Countries with Hospitality	INR 13,000	INR 14,000	INR 15,000	INR 16,000
2	Life Member without Hospitality	INR 10,000	INR 11,000	INR 12,000	INR 15,000
3	Student Member with Hospitality	INR 10,500	INR 12,000	INR 13,000	INR 14,500
4	Student Member without Hospitality	INR 8,000	INR 9,000	INR 10,000	INR 11,000
5	Accompanying Person with Hospitality, Kids (7-15 years)	INR 9,000	INR 10,000	INR 11,000	INR 12,000
6	Accompanying Person without Hospitality	INR 7,000	INR 8,000	INR 9,000	INR 10,000
7	Accompanying Kid (7-15 yrs) without Hospitality	INR 5,000	INR 6,000	INR 7,000	INR 8,000
8	International Delegates	\$250	\$300	\$350	\$400
9	International Accompanying Person with Hospitality	\$130	\$140	\$150	\$160

Note: Registration fee is inclusive of GST

- ⦿ Non-Hospitality members can avail dinner with additional charges mentioned below.

1	Inaugural Dinner	INR 2,500
2	Gala Banquet	INR 3,000

- ⦿ All Charges are inclusive of GST
- ⦿ For more details such as registration fee inclusions & cancellation policy please visit : www.58iocabengaluru.com

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Dr. Sanjay Labh
Hon. Secretary

Dr. Edeinton Arumugam
Vice President

Dr. Puneet Batra
President - Elect

Dr. Balvinder Singh Thakkar
Imm Past President

Dr. Munish Reddy C
Hon. Treasurer

Dr. Amit Bhardwaj
Hon Jt Secretary

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✉ : chairman@58iocabengaluru.com

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BENGALURU, THE HOST CITY

Nestled in the heart of India's Silicon Valley, Bengaluru, also known as Bangalore, is set to take center stage as the host city for the highly anticipated 2024 conference. This vibrant metropolis, renowned for its technological innovation, rich cultural heritage, and dynamic atmosphere, promises to be an ideal backdrop for a gathering of minds and ideas.

Beyond its tech prowess, Bengaluru boasts a diverse and cosmopolitan culture. The city's rich history and tradition blend seamlessly with its modern, fast-paced lifestyle. Conference attendees will have the opportunity to explore historic temples, colorful markets, and the bustling streets of the old city, all while enjoying the flavors of South Indian cuisine, which is renowned for its unique blend of spices and flavors.

Bengaluru is home to some of India's top educational institutions and research centers. It is a city where academia thrives, fostering a spirit of intellectual curiosity. This backdrop of intellectual curiosity provides an ideal environment for the exchange of ideas, research findings, and collaborative discussions at the 2024 conference.

The city's Kempegowda International Airport offers excellent connectivity to major international and domestic destinations, making it easily accessible for conference attendees from around the world. Additionally, Bengaluru's well-developed public transportation system ensures seamless travel within the city, allowing participants to explore its many attractions effortlessly.

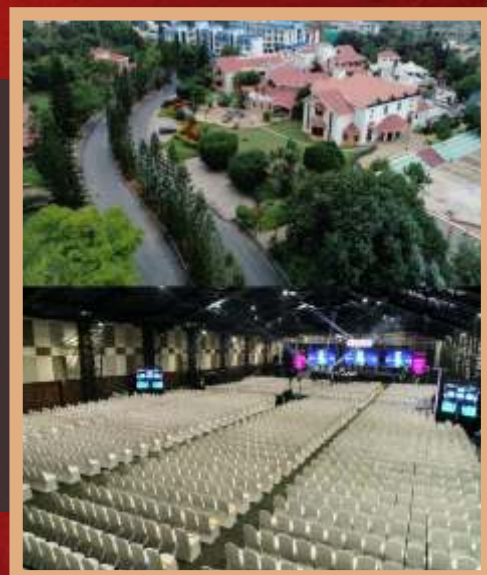
The city offers a wide range of accommodation options, from luxury hotels to budget-friendly stays, ensuring that attendees can find lodging that suits their preferences and budget. Bengaluru is known for its friendly and welcoming residents. Visitors often find themselves immersed in the warm hospitality of the locals, making their stay memorable and enjoyable.

CLARKS EXOTICA - THE CONFERENCE VENUE

Away from the chaos that Bangalore can sometimes be, Clarks Exotica Resort & Spa is your haven of tranquility. Sprawled across 50 acres of lush green expanse, set against the magnificent backdrop of Nandi Hills, and close to the Bangalore International Airport, the resort ensures easy commute after a tiring journey.

Proximity to myriad historical monuments, children's parks and entertainment centers ensure you are not at a loss for things to do.

The venue has first class convention and exhibition facilities with large and small halls suitable for plenary key note sessions to breakout halls and trade area. The resort boasts of meticulously designed accommodations with world class amenities and breath-taking views of the Nandi Hills. Whether it is indulging in gourmet dining at their fine restaurants, rejuvenating at the spa, enjoying a round of golf, a game of tennis or a workout session at the gym, Clarks Exotica promises an unforgettable experience.



CONFERENCE SECRETARIAT

Dr. Silju Mathew

Chairman, COC, 58th IOC

📍 : 27, 1st Main, 1st Block, BEL Layout,
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58TH INDIAN ORTHODONTIC CONFERENCE

20-22 September, 2024 | Clarks Exotica, Bengaluru

“Embracing Emerging Technologies”

REGISTRATION FORM

(PLEASE FILL IN CAPITAL LETTERS)

Receipt No.....(For Office Use)

*Title: Dr. Prof. Mr. Mrs. Ms. (Please tick as appropriate)

*IOS Member: Yes No *IOS Membership No:.....

Student SAARC Country International Delegate

*First Name:

*Last Name:

Name to be printed on Badge:

*Date of birth: ___/___/___ Age: () Gender: Male Female Nationality:

Institute: Designation:

*Address:

*City:..... State:..... Pin Code:.....

Country:..... Phone: (With STDCODE):..... *Mobile:.....

Email (Mandatory):

ACCOMPANYING PERSON DETAILS

Sr. No.	Name	Gender (M/F)	Amount
1			
2			
3			
4			
5			
Total			

*Choice of Food: Vegetarian Non Vegetarian Jain

PG Students should submit the bona fide certificate from Head of the Department/Institution along with Registration form

Delegate Fee:..... Accompanying Person Fee:..... Total Fee:.....

Preferred mode of payment: Card Net Banking DD UPI

(DD should be in favor of “58th IOC 2024” payable at Ghaziabad, Uttar Pradesh)

PAYMENT DETAILS FOR BANK TRANSFER

Account Name:	58th IOC 2024	Account Type:	Current Account	Bank:	Indian Bank
Account Number:	7572068172	IFCS Code:	IDIB000I016	MICR Code:	110019045
Branch:	Shop No. 32 & 33, Gaur Green City, Gaur Gravity Mall, Plot No. 8 Block B, Vaibhav Khand, Dist. Ghaziabad - 201014				

Please Note: -

Those who are depositing registration fee amount directly in conference bank account or opting IFSC/ RTGS payment option for the conference registration. We request them to kindly download the registration form fill it and send us the scanned copy of the same along with the payment details either in hard or soft format, enabling us to trace it for our internal record. For registration query write us on - registration@58iocbengaluru.com

Registration Category <i>(Please tick as appropriate ☑)</i>	Till 27 th PG Convention	Till 31 st May 2024	Till 31 st Aug 2024	Spot Registration
<input type="checkbox"/> Life Member and Delegates from SAARC Countries with Hospitality	<input type="checkbox"/> INR 13,000	<input type="checkbox"/> INR 14,000	<input type="checkbox"/> INR 15,000	<input type="checkbox"/> INR 16,000
<input type="checkbox"/> Life Member without Hospitality	<input type="checkbox"/> INR 10,000	<input type="checkbox"/> INR 11,000	<input type="checkbox"/> INR 12,000	<input type="checkbox"/> INR 15,000
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<input type="checkbox"/> Student Member without Hospitality	<input type="checkbox"/> INR 8,000	<input type="checkbox"/> INR 9,000	<input type="checkbox"/> INR 10,000	<input type="checkbox"/> INR 11,000
<input type="checkbox"/> Accompanying Person with Hospitality, Kids (7-15 years)	<input type="checkbox"/> INR 9,000	<input type="checkbox"/> INR 10,000	<input type="checkbox"/> INR 11,000	<input type="checkbox"/> INR 12,000
<input type="checkbox"/> Accompanying Person without Hospitality	<input type="checkbox"/> INR 7,000	<input type="checkbox"/> INR 8,000	<input type="checkbox"/> INR 9,000	<input type="checkbox"/> INR 10,000
<input type="checkbox"/> Accompanying Kid (7-15 yrs) without Hospitality	<input type="checkbox"/> INR 5,000	<input type="checkbox"/> INR 6,000	<input type="checkbox"/> INR 7,000	<input type="checkbox"/> INR 8,000
<input type="checkbox"/> International Delegates	<input type="checkbox"/> \$250	<input type="checkbox"/> \$300	<input type="checkbox"/> \$350	<input type="checkbox"/> \$400
<input type="checkbox"/> International Accompanying Person with Hospitality	<input type="checkbox"/> \$130	<input type="checkbox"/> \$140	<input type="checkbox"/> \$150	<input type="checkbox"/> \$160

Note: Registration fee is inclusive of GST

☉ Non-Hospitality members can avail dinner with additional charges mentioned below. *(Please tick as appropriate ☑)*

<input type="checkbox"/> Gala Banquet	<input type="checkbox"/> INR 3,000
<input type="checkbox"/> Inaugural Dinner	<input type="checkbox"/> INR 2,500

IMPORTANT GUIDELINES

- Conference Registration is Mandatory for all delegates including children above the age of 7 years
- Photo ID is mandatory for all Delegates for Security Reasons to enter the Conference Area
- Please ensure to wear registration badge (Bar Coded) in the conference area
- Preferred mode of payment: Card, Net-Banking, online payment, UPI and Demand Draft- We are not accepting cheques for registration, hence do not opt this payment mode as cheque will not be entertained.
- Registration is non transferable
- Delegate must bring receipt at the time of registration
- Students to submit letter from HOD - Head of Department / Institute
- Please mention your registration number in all transactions
- Registration confirmation letter along with Registration ID would be sent to you within 30 days after receipt of your payment
- All Remittance / Bank Charges / online transaction fees to be paid by the delegate
- Children Less than 7 years of age must be registered (Free to Charge) for logistic / Security reasons
- For spot registrations: Payment will be accepted only by mode of cash/ card / UPI
- For spot registrations, Delegate kit will be provided subject to availability
- Delegate kit would be handed over only to the registered delegate. Only in exceptional cases, the kit would be handed over to any representative authorized by the Registered Delegate with copy of signed Authorized Registration receipt
- Entry to the Accompanying Person may be restricted to certain areas at the venue of the Event
- Organizer will not be responsible for any date change of the conference
- Organizer will not be responsible for loss or theft of personal belongings
- Post conference no kit or any workshop material will be disbursed to the delegate / associate delegate / PG student
- Payment shall be refunded after 1 month of the conference
- Online registration will be closed on 31st August 2024. Further registration will start at the conference venue as "Spot Registration" category only.
- Conference registration is mandatory for all

REGISTRATION FEE INCLUDES

For Delegates with Hospitality	For Accompanying Person with Hospitality
<ul style="list-style-type: none"> ☉ Conference Kit ☉ Inaugural / Valedictory functions ☉ Conference Sessions ☉ Lunch on Conference days for those who register with hospitality ☉ Entry for Trade / Exhibition area ☉ Sessions Tea / Coffee ☉ Souvenir 	<ul style="list-style-type: none"> ☉ Inaugural / Valedictory functions ☉ Tea / Coffee ☉ Lunch on Conference days ☉ Spouse Kit Bag

Place:..... Date:.....Signature.....

For more details, please visit the conference website : www.58iocbengaluru.com

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Looking forward to see you..!!

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SCIENTIFIC SECRETARY

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21st Oct - 15th Nov - Student Member -Rs 5500/-

Life Member- Rs 7500/-

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jammuorthodonticstudygroup@gmail.com

OBITUARY

Dr Ketan Parekh

(18.06.1965 - 17.08.2023)



Dr.Ketan was an active member of the Indian Orthodontic Society and the Madras Orthodontics study group.

The pain of the untimely loss of a fellow orthodontist and a very good friend at a young age is a harsh reality. Dr.Ketan earned his Undergraduation from the prestigious Rajah Muthiah Dental College and Hospital, Annamalai University and passed in the year 1989, he then went on to do his Master's in Orthodontics from Bapuji Dental College and Hospital. He was one of the toppers of his class in both undergraduate and

postgraduate studies, a very gifted and intelligent personality.

Dr Ketan's Mentor, Philosopher and Guide was one of the legends of Orthodontics in our country Prof Dr Sadashiva Shetty and Shetty sir truly liked Dr Ketan as a student and both of them shared a very good rapport till the very end.

But what stands out in Dr Ketan's personality is his helping nature, he would go all the way to help people and would be open and frank in his behavior. He was a Diplomate of the Indian Board of Orthodontics and in fact, won the prestigious Dr. Prem Prakash for the best case presented at the IBO examinations.

It is said that- When someone you love, becomes a Memory, that Memory becomes a Treasure and Ketan's memory will always be treasured in our hearts.

May Dr Ketan's soul REST IN PEACE!



Dr Anuradha Veerasekaran

(20.07.1994 – 22.08.2023)



Dr. Anuradha Veerasekaran, a active MOSG member contributed significantly to the study group activities in the short time period she was with us. She completed her under-graduation from Tamilnadu Government Dental College and post-graduation in Orthodontics from PGIMS Rohtak, Haryana in the year 2022. She subsequently joined SRM Dental College, Ramapuram, Chennai as a Senior Lecturer. She was married to Dr. Santosh Kumar, Oral Surgeon who was her undergraduate batchmate. She was diagnosed with stage 4 adenocarcinoma on 1st of June 2023, fought a battle and her soul departed on 22nd of August 2023.

A brilliant mind, passionate towards her profession and life, Dr. Anuradha's memory will be etched in our mind forever. Your passing has left us all in shock and disbelief. Our thoughts and prayers are with you Dr.Anuradha. Gone too soon but you will never be forgotten.



May her soul rest in peace!!!